



# ONE Liberty Place Newsletter

ISSUE  
**Q4**  
2019



*From any perspective,  
from any direction,  
**ONE** stands  
above the rest.*

**ONE Liberty Place.**

*The number **ONE**  
address in Philadelphia.*



## **BOMA Awards Winner**

- *Best Sustainable Practices*
- *Best Tenant Relations*
- *Best Amenity Space*
- *Best Infrastructure*
- *Best Lobby*
- *Outstanding Building of the Year*

## **CENTER CITY DISTRICT PROJECTS & EVENTS**

### Octoberfest at Dilworth Park

October 11 –13  
12:00 PM – 9:00 PM

Octoberfest is a fantastic three-day festival that celebrates the whimsy of autumn with all the trimmings!

Check out

[The CCD Parks Events Calendar](#)  
for a complete list of programs!

### Homeless Outreach Project Home

The CCD is providing strategies to reduce the number of homeless living on Philly downtown streets, while providing compassionate outreach, links to appropriate services, and job opportunities.

### IndeGO Bikes now on Chestnut Street

A new convenient way to get from work to all your desired destinations with the new IndeGo bike installation in front of The Shops at Liberty Place on Chestnut.

## **ONE LIBERTY PLACE LIGHT SCHEDULE**



Month of October	Pink for Light for the Fight – Susan B. Komen
October 5	Red for Light the Night – Fallen Firefighters
October 6	Green for World CP Day – Cerebral Palsy
October 7	Blue for Dysautonomia Awareness
October 7	Blue for Stomp Out Bullying
October 8	Teal for Trigeminal Neuralgia Awareness
October 15	Red for Ronald McDonald
November 4	Orange for CRPS/RSD
November 7	Teal for National Alzheimer's Foundation
November 10	Purple for Philadelphia Alzheimer's Assoc.
November 27	Orange for Thanksgiving Day Parade
December 17- 19	Blue for Children's Hospital of Philadelphia

# SUSTAINABILITY AND RECYCLING

In September, ONE Liberty Place took home a TOBY ("The Outstanding Building of the Year") Award for the best sustainable practices in Philadelphia. We take pride in eco-friendly initiatives and recycling and here's why we do it: Recycling helps protect the environment and reduces the need for extracting, refining and processing raw materials, all of which create air and water pollution. As recycling saves energy, it also reduces greenhouse gas emissions, which helps to tackle climate change.

With support from The Arthur Jackson Company, ONE Liberty Place collects waste and recycling Monday through Friday using Revolution Bag's 100% EAP compliant black and clear trash bag liners made entirely out of post-consumer recycled resin. Black trash bag liners are used for waste and wet trash and clear trash bag liners are used for all recyclables. We provide at each pantry, mail room, office desk or designated area a waste bin for wet trash, food wrappers, etc. and a designated recyclable bin for magazines, clean cardboard, glass, plastic, aluminum, copy memo paper and newspapers. All trash and recyclables are picked up daily and are transported to the loading dock.

We appreciate everyone's efforts to keep our Earth green and clean and doing your part daily!



Questions on recycling or implementing an office recycling program? Contact Tony Daniels.

**Tony Daniels**  
Project Director - Janitorial Services  
[tdaniels@arthurjacksonco.com](mailto:tdaniels@arthurjacksonco.com)  
215-880-8459



# TENANT RESOURCE GUIDE

## CORPORATE CONCIERGE SERVICES

At Corporate Concierge Services, we bring the amenities of ONE Liberty Place to life by creating seamless service solutions & engaging entertainment experiences that enhance daily life for ONE Liberty place tenants and their employees. Corporate Concierge provides complete corporate and personal support through our worldwide network of business, entertainment and leisure vendors. We can help with any request from the ordinary to the exceptional!

**Ask us about our services exclusively to ONE Liberty Place tenants!**

- Dry cleaning drop off/pick up from THE ROOM
- Monthly Reflexology
- Monthly Chair massages
- Dermalinfusion Facials

Please let the Guest Services Team know how we can make your ONE Liberty Place Building experiences more enjoyable!

[ONE Liberty Place](#)  
[Corporate Concierge Services](#)

Become a member today!  
[THE ROOM Membership Waiver](#)

**Stay tuned for our upcoming 2019 Events:**

- October:** Monster Mash
- November:** So Plaid you're our Tenant
- December:** Holiday-themed Minute to Win It

Monthly Mindful Mondays and Wellness Wednesdays



THE ROOM's Conference Suites are equipped with the latest in audio and video-conferencing technology and can accommodate everything from intimate meetings up to 50-person seminars. Book your meeting today!

Holidays are just around the corner! Plan your company party at THE ROOM to enjoy all 6,248 square feet of the impressive amenity space!

**Roopa Patel**  
Guest Services Lead  
[theroom@onelibertyplace.com](mailto:theroom@onelibertyplace.com)  
215-600-7202  
**THE ROOM**



# BUILDING EVENTS CALENDAR

## FALL FIT FEST

WEDNESDAY | OCTOBER 10 | 11:00AM - 2:00PM  
ONE LIBERTY PLACE MAIN LOBBY



Enjoy local health-conscious vendors, food, prizes and health assessments.



## FLU SHOT CLINIC

TUESDAY  
OCTOBER 22, 2019  
9:00 AM - 2:00 PM

THE ROOM | THIRD FLOOR  
ONE LIBERTY PLACE

FOR MORE INFO CONTACT ROOPA:  
215-600-7207  
THEROOM@ONELIBERTYPLACE.COM

Prepare yourself for Winter flu season. We are conveniently offering flu Shots in THE ROOM.

## Spooktacular

Tenant Appreciation Event

ONE Liberty Place Main Lobby  
October 24 | 1:00PM - 3:00PM



Take a break and join us for some Halloween-themed sweet treats!

Visit the [ONE Liberty Place Building Happenings Page](#) for all Building Events!

## SAFETY AND SECURITY

Everyone plays a valuable role in the Security and Safety at ONE Liberty Place. The ONE Liberty Place Team is committed to the safety of the tenants, guests, staff, and contractors 24 hours a day. As part of this commitment, our security team provides educational training services in addition to security operations. Workplace violence is a serious recognized occupational hazard, ranking among the top four causes of death in workplaces during the past 15 years. There are behavioral indicators often exhibited in the workplace that have been linked to workplace violence situations such as, but not limited to, excessive tardiness, lack of performance, change in work habits, and change in attitude. By educating yourself on these warning signs, the likelihood of identifying potential issues early, and providing help to those who need it, dramatically increases. When violence breaks out in the workplace, you are faced with three options: run, hide or take action. Evacuating or concealing your location are recommended first steps, but sometimes that is not an option. "Take action" includes many scenarios, but if having to talk to a person bent on violence is the situation you've found yourself in, this advice may be helpful:

- Remain calm. The calmer you are, the better you will be able to think about how to handle the situation.
- Do not raise your voice. Speak in a normal, even tone.
- Listen. Perhaps the attacker wants to be heard. Let them vent and don't interrupt or argue with him or her.
- Think before you speak. Certain comments could confuse the attacker or imply that your opinions are more important than theirs.

If a weapon is involved, always follow the attacker's orders. Unless you are convinced that your life is in immediate danger, you should not try to disarm an attacker.

As always, any questions, comments and concerns may be addressed to the Executive Director of Security of the Liberty Place Campus, David Galyon. If you see something, say something. Please contact David for any Emergency Preparedness and Response questions.

**David J. Galyon**  
Executive Director of Security  
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**Michelle Cummings**  
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# THE SHOPS AT LIBERTY PLACE

16TH & CHESTNUT, PHILA • [SHOPSATLIBERTY.COM](http://SHOPSATLIBERTY.COM)

For more information on The Shop's hours, events, store specials, and directory, please visit The Shops at Liberty Place website:

[www.shopsatliberty.com](http://www.shopsatliberty.com)

## HAPPENING IN THE ROTUNDA



Visit The Shops at Liberty Place website at [www.shopsatliberty.com](http://www.shopsatliberty.com) to stay informed about the upcoming sales, activities and entertainment at The Shops at Liberty Place!

You can also follow us on [Facebook](#), [Instagram](#) and [Twitter](#).

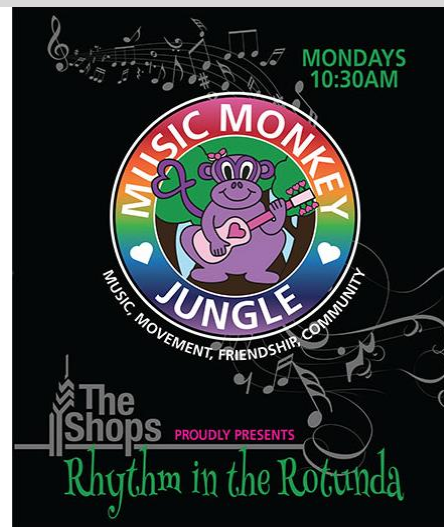
### Hours

Monday - Saturday:

9:30 am - 7:00 pm

Sunday:

12:00 pm - 6:00 pm



## 2019 BOMA AWARDS WINNER

THE OUTSTANDING BUILDING OF THE YEAR FOR RETAIL!

➤ *Best Retail Space*

## TENANT SPOTLIGHT – SAXBYS

We are thrilled to be launching a “Grab and Go” sandwich program, which will give our guests delicious and convenient lunch options.

They look as good as they taste and are freshly prepared in the café. The sandwiches are quick to grab on the go and hit a wide range of tastes. There are options for meat-eaters, vegetarians, vegans and bacon lovers!

Saxbys is located on the ground floor at the entrance of 16th and Chestnut.



## MANAGEMENT & MARKETING

Colleen E. Dunn  
General Manager  
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[cdunn@shopsatliberty.com](mailto:cdunn@shopsatliberty.com)

L. Stewart Brown  
Director  
215-851-9000  
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# METROPOLIS

# OLP FIT – ONE LIBERTY PLACE FITNESS CENTER

## FIT TIPS

Get back to your routine this Fall with a few tips to set yourself up for success and keep it healthy too! The more prepared you are the more time you can enjoy with family and friends.

- Try creating a new morning routine and take a few minutes to meditate, journal, or just sit with a cup of coffee and read. Fall is a great time to pick up a new healthy habit and carve out some time for YOU!
- Make Sunday Fun Days healthier this football season by creating a mocktail, challenging family and friends to a halftime burpee challenge or a game of cornhole. Even better, host your own game day party or tailgate so you can create your own healthy dishes to share.
- Take some time each weekend to set appointments for your workouts and fitness classes for the week ahead. Whether on your own or at a gym or studio, creating a routine and setting an appointment will help you prioritize your physical health.

## NEW GROUP X CLASS

Barre class is a rigorous workout that blends elements from different exercise formats including ballet, Pilates, and yoga. Build flexibility, tone small muscle groups, and develop better posture in this fun, upbeat class! BEST FOR: Total body toning, improving flexibility and posture.

## OLP FIT

### Group Exercise Schedule

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	7:45-8:30 BARRE GINA		7:45-8:15 TOTAL BODY TONING JACKI	
12:15-1:00 YOGA MOLLY	12:15-1:00 PILATES RACHEL	12:00-12:40 SPINNING TIMAREE	12:00-12:40 YOGA MOLLY	12:00-12:40 SPINNING TIMAREE
1:10-1:40 HIIT GINA	1:00-1:40 YOGA GINA	1:00-1:40 BUTTS & GUTS GINA	1:00-1:40 BARRE GINA	1:00-1:40 THE CIRCUIT GINA
		5:15-6:00 SPINNING TIMAREE		



**Gina Toscano**

**Site Manager**

[onelibertyfitness@onelibertyplace.com](mailto:onelibertyfitness@onelibertyplace.com)

**267-519-5070**

[OLP Fit](#)

## MANAGEMENT TEAM



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